COUP DE COEUR SIZE GUIDE

This size guide applies to all our items, from underwear to pajamas. We recommend choosing your usual size when purchasing.

Men

To determine your exact size, take your measurements by placing a tape measure as close to your body as possible without tightening it.
Waist measurement is measured by placing the tape measure just above your belly button. Chest measurement is measured by passing the tape measure under your armpits, over the upper part of your pectorals, where your chest is widest.

Size to order	French size	Waist size (CM)	Chest circumference (CM)
S	36/38	72-76	88-94
M	40/42	80-84	96-100
L	44/46	88-92	104-108
XL	48/50	96-100	112-116

Women

To determine your exact size, take your measurements by placing a tape measure as close to your body as possible without tightening it.
Waist measurement is measured by placing the tape measure just above your belly button. Chest measurement is measured by wrapping the tape measure around your bust, at the level of the tips of your breasts.

Size to order	French size	Waist size (CM)	Chest circumference (CM)
S	36/38	60/64	78/82
M	38/40	64/72	82/88
L	40/42	72/78	88/94
XL	44/46	84/90	100/106